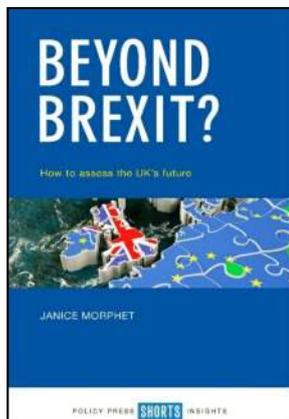


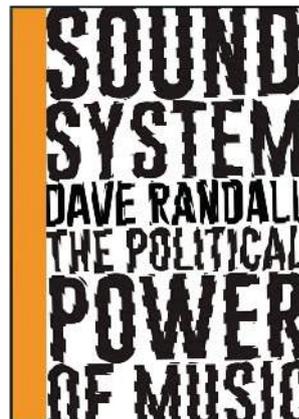


## Essential Titles March to May 2017



**POLITICS**

Policy Press  
 ISBN: 9781447339243  
 PBK 128 pages  
 £9.99  
 February 2017



**POLITICS**

Pluto Press  
 ISBN: 9780745399300  
 PBK 224 pages  
 £12.99  
 March 2017

### Beyond Brexit?

*How to assess the UK's future*

**Janice Morphet**

As the UK negotiates Brexit, what are the effects, implications and challenges that lie ahead? Janice Morphet takes a long term view on the range of institutional and operational options that may be deployed by the UK, EU and other international institutions seeking to influence the negotiations and outcome.

### Sound System

*The political power of music*

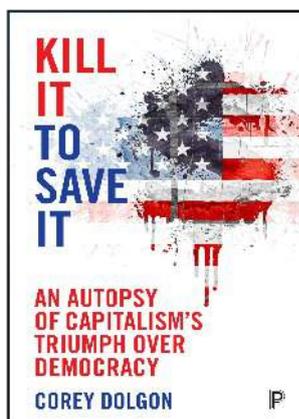
**Dave Randall (Faithless)**

*Sound System* is the story of one musician's journey to discover what makes music so powerful. Years of touring, playing and protesting have given Dave Randall a unique insider's view of the music industry, enabling him to shed light on the secrets of celebrity, commodification and culture. He finds remarkable examples of music as a force for social change as well as something that has been used to keep people in their place throughout history. This is a book of raves, riots and revolution.



**POLITICS**

Pluto Press  
 ISBN: 9780745399683  
 PBK 336 pages  
 40 Illustrations  
 £14.99  
 April 2017



**POLITICS**

Policy Press  
 ISBN: 9781447317128  
 PBK 152 pages  
 £19.99  
 April 2017

### Voices from the 'Jungle'

*Stories from the Calais refugee camp*

**Calais Writers**

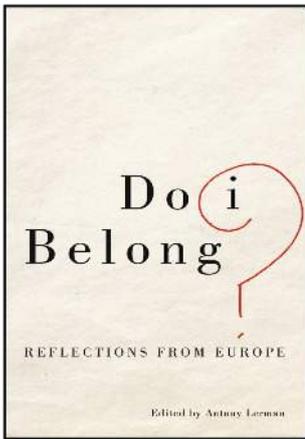
Often called the 'Jungle', the refugee camp near Calais in Northern France epitomises for many the suffering, uncertainty and violence which characterises the situation of refugees in Europe today. But the media soundbites we hear ignore the voices of the people who lived there – people who have travelled to Europe from conflict-torn countries such as Syria, Sudan, Afghanistan and Eritrea: people with astounding stories, who are looking for peace and a better future. *Voices from the 'Jungle'* is a collection of these stories.

### Kill it to Save it

*An autopsy of capitalism's triumph over democracy*

**Corey Dolgon**

How have the 'powerful' convinced most Americans to support policies only beneficial to those in power? How do they 'manufacture' consent from citizens whose own self-interest and collective well-being are constantly denied? Why have so many Americans given up on good public education, safe food and safe streets, living wages and democracy itself? Covering the post-Vietnam era to the present parade of political reality TV, Dolgon dismantles US 'common sense' cultural discourse and explains why the 'endless crisis' in US policy will continue unabated until a critical mass of American citizens recognize who and what are being killed... and in whose interest.



**POLITICS**

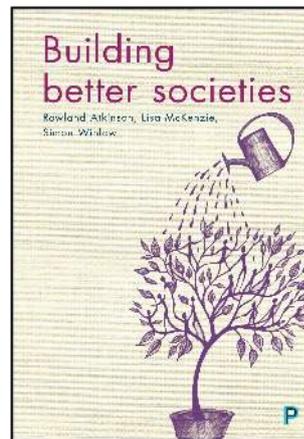
Pluto Press  
ISBN: 9780745399942  
PBK 288 pages  
£14.99  
May 2017

**Do I Belong?**

*Reflections from Europe*

**Edited by Antony Lerman**

In this collection of original essays, a diverse group of novelists, journalists and academics reflect on their own individual senses of European belonging. In creative and disarming ways, they confront the challenges of nationalism, populism, racism and fundamentalism. *Do I Belong?* offers fascinating insights into such questions as: Is there a European identity? Why fear growing diversity? Who determines who belongs? Is a single sense of 'good' belonging in Europe dangerous? These essays provides a unique commentary on an insufficiently understood but defining phenomenon of our age.



**POLITICS**

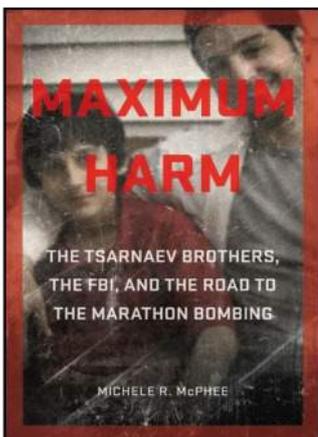
Policy Press  
ISBN: 9781447332039  
PBK 192 pages  
£18.99  
May 2017

**Building Better Societies**

*Promoting social justice in a world falling apart*

**Edited by Rowland Atkinson, Lisa Mckenzie and Simon Winlow**

What would it take to make society better? For the majority, conditions are getting worse and this will continue unless strong action is taken. This book offers a wide range of expert contributors outlining what might help to make better societies, and which mechanisms, interventions and evidence are needed when we think about a better society. The book looks at what is needed to prevent the proliferation of harm and the gradual collapse of civil society. It argues that social scientists need to cast aside their commitment to the established order and its ideological support systems, look ahead at the likely outcomes of various interventions and move to the forefront of informed political debate.



**TERRORISM**

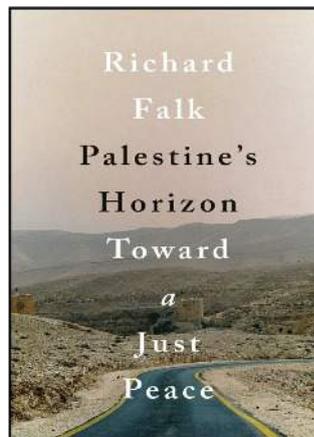
Oxbow Books  
ISBN: 9781611688498  
HBK 320 pages  
£25.00  
May 2017

**Maximum Harm**

*The Tsarnaev Brothers, the FBI, and the road to the marathon bombing*

**Michele R. McPhee**

In *Maximum Harm*, investigative reporter Michele McPhee reveals the truth into the FBI's involvement and recruitment of Tamelan Tsarnev, the Tsarnev brothers' roots in radical Islam, the Boston marathon bombing, and the capture and trial of Tamelan's brother, Dzhokhar. She examines the bombers' roots in Dagestan and Chechnya, their struggle to assimilate in America, and their growing hatred of the United States - a deepening antagonism that would prompt federal prosecutors to dub Dzhokhar Tsarnaev "America's worst nightmare."



**MIDDLE EAST STUDIES**

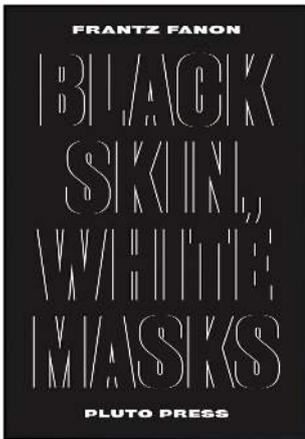
Pluto Press  
ISBN: 9780745399744  
PBK 176 pages  
£14.99  
March 2017

**Palestine's Horizon**

*Toward a just peace*

**Richard Falk**

This book explores the intricacies and interconnections of the history and politics of Israel/Palestine, in light of the global community's troubled morality. After enduring years of violent occupation, the Palestinian movement is exploring different avenues for peace. Falk refutes the notion that the Palestinian struggle is a 'lost cause' by focusing on new tactics of resistance. He also reflects on the legacy of Edward Said, drawing on the importance of his humanist thought. Against this background, he provides a vision of peace that is mindful of the formidable difficulties of achieving a just solution to the long conflict.

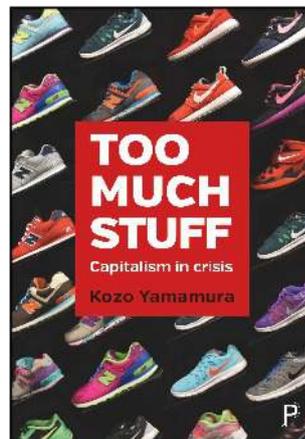


**RACE/CULTURAL THEORY**

Pluto Press  
ISBN: 9780745399546  
PBK 272 pages  
£12.99  
May 2017

**Black Skin, White Masks (new edition)**  
Frantz Fanon - Introduction by Paul Gilroy

*Black Skin, White Masks* is the classic, devastating account of the dehumanising effects of colonisation experienced by black subjects living in the white world. With beautiful, angry prose, Frantz Fanon provides an unsurpassed study of the psychology of racism using scientific analysis and poetic grace. Fanon's writings have been read and emulated by Black radical thinkers – from Malcolm X to Eldridge Cleaver, and movements from the Black Panther Party to Black Lives Matter. This stunning new edition includes a new extended essay by Paul Gilroy.

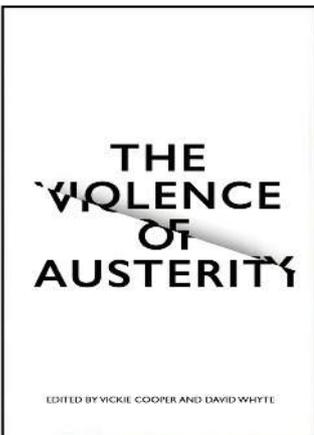


**ECONOMICS**

Policy Press  
ISBN: 9781447335658  
HBK 224 pages  
£19.99  
March 2017

**Too Much Stuff**  
*Capitalism in crisis*  
Kozo Yamamura

We now live in a new world in which we enjoy the highest living standard in history, acquiring ever more goods and services as necessary luxuries. Yet current policies only serve to expand public debt and exacerbate socio-economic inequality. In *Too Much Stuff*, Yamamura upends conventional capitalist wisdom to provide a new approach. He suggests the only way for capitalism and democracy to thrive is to increase investment to meet societal needs such as improving social safety nets, infrastructure, and better education and health care for all, but this means raising taxes. Both solutions-orientated and accessibly written, this book argues that this will help reduce the growing wealth gap which threatens global democracy.

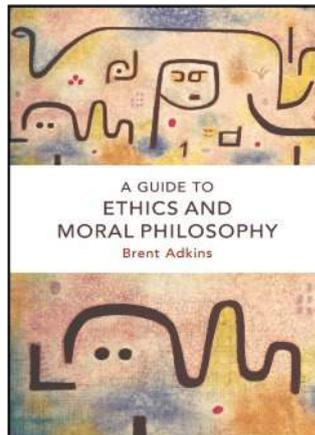


**SOCIOLOGY**

Pluto Press  
ISBN: 9780745399485  
PBK 238 pages  
£16.99  
May 2017

**The Violence of Austerity**  
Edited by Vickie Cooper and David Whyte

*The Violence of Austerity* brings together the voices of campaigners and academics to show that austerity policies have led to a dismantling of the social systems that operated as a buffer against economic hardship. The book exposes austerity as a form of systematic violence and argues that police attacks on the homeless, violent evictions of tenants, dangerous workfare schemes and cuts to the regulation of social protection, are driven relentlessly by government enforced cuts in public sector funding.

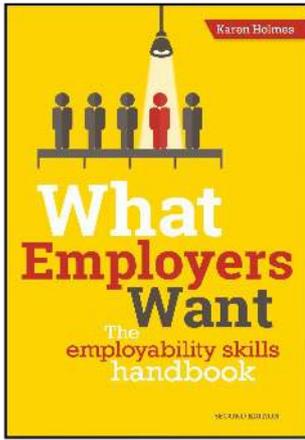


**PHILOSOPHY**

Edinburgh University Press  
ISBN: 9781474422789  
PBK 184 pages  
£15.99  
February 2017

**A Guide to Ethics and Moral Philosophy**  
Brent Adkins

How should we live? How should we act? How might we live? These are the three questions of moral philosophy. Brent Adkins traces the history of ethics and morality by examining six thinkers: Aristotle, Spinoza, Kant, Mill, Nietzsche, and Levinas. The book is divided into 3 sections: Ethics, Morality and Beyond. Two thinkers are paired in each section to show how the important questions of moral philosophy have been answered so that you might better answer them for yourself. You'll learn what the philosophers actually said about how to live the best kind of life and, more importantly, why.



## CAREERS

Trotman Publishing  
ISBN: 9781911067528  
PBK 176 pages  
£14.99  
April 2017



## CAREERS

Kogan Page  
ISBN: 9780749479473  
PBK 368 pages  
£19.99  
May 2017

### What Employers Want (2<sup>nd</sup> edition)

*The employability skills handbook*

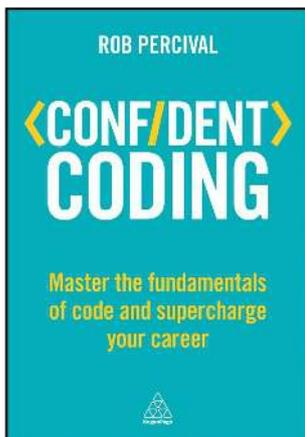
**Karen Holmes**

A unique handbook supporting school and college students to build on their employability skills and recognise their existing skills. Featuring case studies and practical activities throughout, it will help students improve their employment prospects by developing transferable skills and learning to articulate these effectively to future employers.

### The A-Z of Careers and Jobs (24<sup>th</sup> edition)

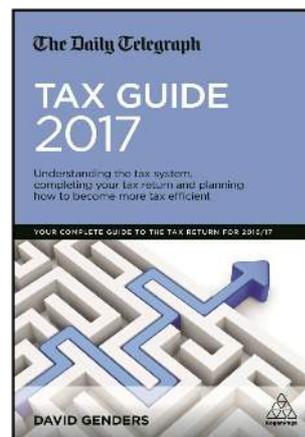
**Kogan Page**

From accountant to zoologist, this new edition of *The A-Z of Careers & Jobs* offers detailed insights into more than 300 career areas. For those looking for their first job after school or university, or for anyone considering a change of career, this book provides reliable and up-to-date careers advice on a wide range of professions, covering practical issues such as job opportunities and progression potential, personal skills and qualities, entry qualifications and training, useful contact details and realistic salary expectations.



## CAREERS

Kogan Page  
ISBN: 9780749479633  
PBK 240 pages  
£14.99  
May 2017



## PERSONAL FINANCE

Kogan Page  
ISBN: 9780749479510  
PBK 288 pages  
£14.99  
May 2017

### Confident Coding

*Master the fundamentals of code and supercharge your career*

**Rob Percival**

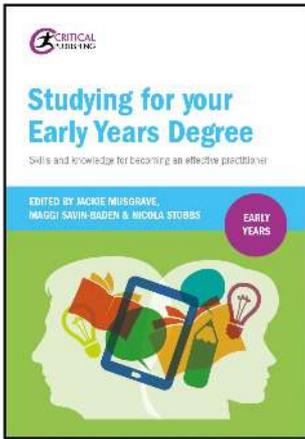
*Confident Coding* provides you with the roadmap you need to enhance your professional life through coding, with insightful and inspirational guidance, including real life success stories, on how to use your new skills. The ability to code can give your CV the edge on the competition, give you greater autonomy and improve your work performance. If you are a self-employed entrepreneur, being able to create your own website or app can grant you valuable freedom and revolutionize your business. If you are an aspiring developer, this book will give you the building blocks to embark on this career path.

### The Daily Telegraph Tax Guide 2017 (41<sup>st</sup> edition)

*Understanding the tax system, completing your tax return and planning how to become more tax efficient*

**David Genders**

For any taxpayer, whether self-employed, part-time, retired or unemployed, the book is an invaluable resource that can help ensure that you are as tax efficient as possible, offering practical advice, timetables and examples that aim to simplify what many people view as a complex and challenging procedure. With a whole range of top tips for saving on all types of tax, *The Daily Telegraph Tax Guide* is the essential guide to completing your 2016/2017 tax return.



**EDUCATION/  
EARLY YEARS**

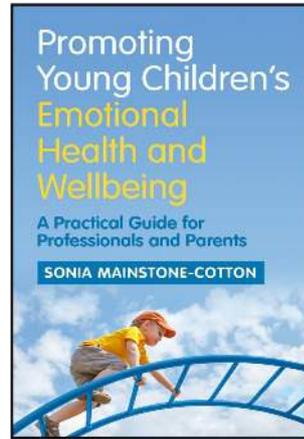
Critical Publishing  
ISBN: 9781911106425  
PBK 192 pages  
£22.00  
March 2017

**Studying for Your Early Years Degree**

*Skills and knowledge for becoming an effective early years practitioner*

**Jackie Musgrave, Maggi Savin-Baden & Nicola Stobbs**

This text provides a one stop shop of accessible and relevant information for all early years students to help them succeed in their degree, increase their employability skills and develop as ethical and critically reflective practitioners.



**EDUCATION/  
EARLY YEARS**

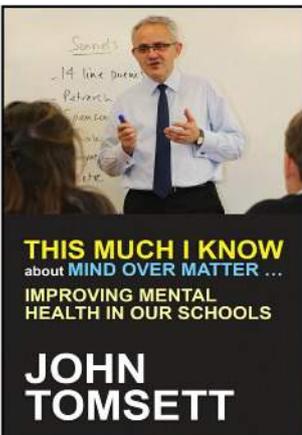
Jessica Kingsley Publishing  
ISBN: 9781785920547  
PBK 176 pages  
£14.99  
May 2017

**Promoting Young Children's Emotional Health and Wellbeing**

*A practical guide for professionals and parents*

**Sonia Mainstone-Cotton**

Positive wellbeing in a child's earliest years is known to influence their future development. This clear, informative book offers practical suggestions for those working with children aged 0 - 5, including games and activities designed to promote children's emotional health.



**EDUCATION**

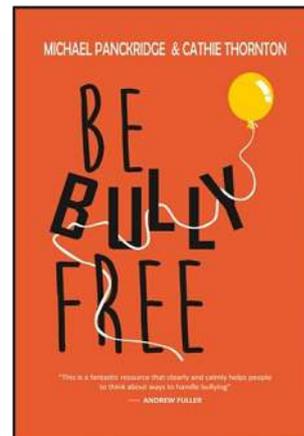
Crown House  
ISBN: 9781785831683  
PBK 272 pages  
£19.99  
March 2017

**This Much I Know About Mind Over Matter ...**

*Improving mental health in our schools*

**John Tomsett**

In *This Much I Know About Mind Over Matter* John Tomsett addresses, with refreshing honesty, the growing problem of the mental health issues experienced by children and young people, offering up a plan for averting a mental health crisis in our schools. Tomsett interweaves his formative and professional experience with strategies for addressing students' mental health issues and insights from his interviews with high profile thinkers on the subject including Professor Tanya Byron, Natasha Devon, Norman Lamb, Tom Bennett, Claire Fox and Dr Ken McLaughlin. The book is replete with truths about the state of children's mental well-being, about creating a school culture where everyone can thrive and about living in the shadow of his mother's manic depression.



**EDUCATION**

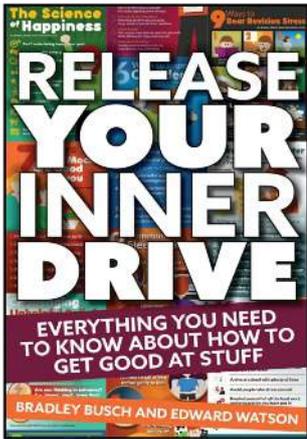
Jessica Kingsley Publishing  
ISBN: 9781785922824  
PBK 176 pages  
£14.99  
April 2017

**Be Bully Free**

*A hands-on guide to how you can take control*

**Michael Panckridge and Catherine Thornton**

Seeking to empower children who are bullied, this book presents a wide range of common bullying scenarios, before giving practical suggestions on how the recipient can take control in these situations. Written in a young adult fiction style, this is an essential resource for children who are experiencing bullying.



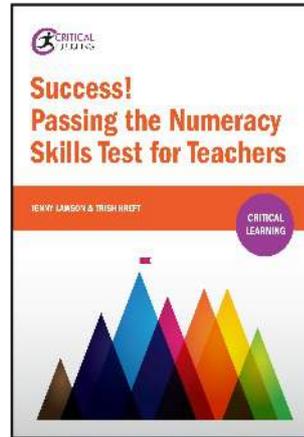
## EDUCATION

Crown House  
ISBN: 9781785831997  
PBK 150 pages  
£9.99  
May 2017

### Release Your Inner Drive

*Everything you need to know about how to get good at stuff*  
**Bradley Busch and Edward Watson**

This book will enable all teenagers to improve their mindset, performance under pressure, motivation and learning. We now know more than ever about the science of learning. The research explains why some people flourish and others never truly fulfil their potential. This stunning full colour book has been specifically designed for teenagers and uses visual imagery, in the form of eye-catching infographics, to hook them in and convey the very latest research in a straightforward way.

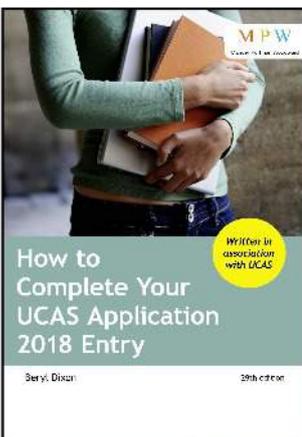


## EDUCATION/NUMERACY

Critical Publishing  
ISBN: 9781911106876  
PBK 192 pages  
£15.00  
March 2017

### Success! Passing the Numeracy Skills Test for Teachers Edited by Jenny Lawson, By Trish Kreft

An essential book for anyone thinking of taking, or about to take, the Numeracy Skills Test for Teachers. You must pass this test before starting your course, and this up to date text tells you exactly what to expect and how to prepare for the latest version of the test. There is an emphasis on support and clear guidance throughout, along with plenty of practice material, so you can face the test with confidence and succeed in your application.



## HIGHER EDUCATION

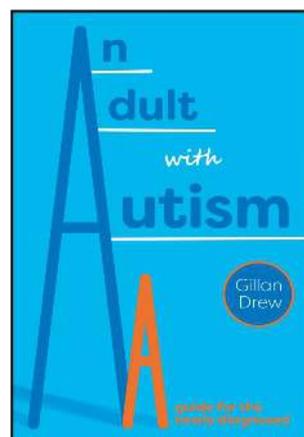
Trotman Publishing  
ISBN: 9781911067498  
PBK 264 pages  
£14.99  
May 2017

### How to Complete Your UCAS Application 2018 Entry

*The must-have guide to submitting a successful UCAS application*

**Beryl Dixon**

Over 700,000 people apply for a HE course through UCAS every year. The process can seem daunting, but students can make sure that their application stands out with this practical guide. Covering each stage with clear, simple steps, it includes vital information on choosing a course, creating a winning personal statement and using the Apply system.



## AUTISTIC SPECTRUM

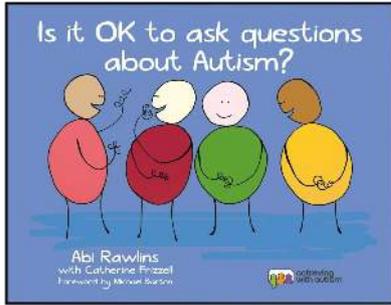
Jessica Kingsley Publishing  
ISBN: 9781785922466  
PBK 160 pages  
£9.99  
February 2017

### An Adult with an Autism Diagnosis

*A Guide for the newly diagnosed*

**Gillian Drew**

Being diagnosed with autism as an adult can be disorienting and isolating; however, if you can understand the condition and how it affects perceptions, relationships, and your relationship with the world in general, a happy and successful life is attainable. Through an introduction to the autism spectrum, and how the Level 1 diagnosis is characterised, the author draws on personal experiences to provide positive advice on dealing with life, health, and relationships following an adult diagnosis.



### **AUTISTIC SPECTRUM**

Jessica Kingsley Publishing  
ISBN: 9781785921704  
HBK 96 pages  
£12.99  
March 2017

### **Is It OK to Ask Questions about Autism? Abi Rawlins**

Based on the research of ongoing autism awareness workshops in schools, this book contains the most common questions asked by children about the subject. As well as detailed questions and answers from real children, the chapters contain useful tips for teachers and parents about how to engage with the topic of autism in a school environment and at home. Designed for children aged 5-11 with easy language and fun illustrations, there is also advice for adults on how to facilitate a safe and open conversation with their children.

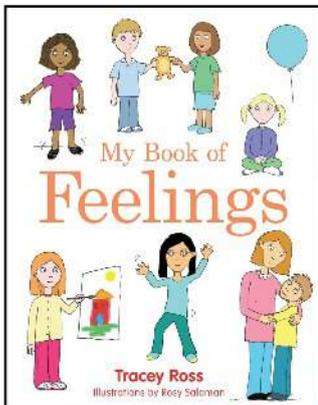


### **BEHAVIOURAL, EMOTIONAL & SOCIAL DISABILITIES**

Jessica Kingsley Publishing  
ISBN: 9781785922572  
PBK 216 pages  
£12.99  
March 2017

### **The Essential Guide to Safe Travel-Training for Children with Autism and Intellectual Disabilities Dr Desirée Gallimore**

In five clear steps, this guide will equip you to teach children to travel safely and independently. The first book of its kind, it focuses on goal-setting and preparation techniques while detailing obstacles that may arise along the way. Practical and necessary, it is suitable for work with children of any age and ability.



### **BEHAVIOURAL, EMOTIONAL & SOCIAL DISABILITIES**

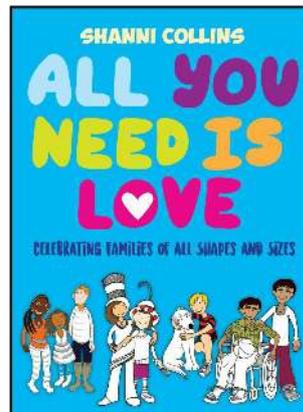
Jessica Kingsley Publishing  
ISBN: 9781785921926  
HBK 40 pages  
£10.99  
March 2017

### **My Book of Feelings**

*A book to help children with attachment difficulties, learning or developmental disabilities understand their emotions*

**Tracey Ross - Illustrated By Rosy Salaman**

Some children find it difficult to understand and manage their feelings. This picture book helps children aged 5+ understand why they might experience particular feelings, and offers suggestions for things to do when they are overloaded with emotion. Suitable for all children, particularly those with attachment issues or developmental disabilities.



### **FAMILY, RELATIONSHIPS**

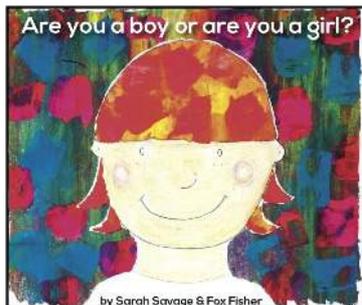
Jessica Kingsley Publishing  
ISBN: 9781785922510  
HBK 40 pages  
£10.99  
May 2017

### **All You Need Is Love**

*Celebrating families of all shapes and sizes*

**Shanni Collins**

All families come in different shapes and sizes, but they are all special when they love and respect each other. These rhyming stories are a celebration of the diversity of families and encourage inclusion and acceptance in a child's relationships. Each page is dedicated to a different family, with stories exploring adoption, fostering, disability, race, gender, and illness. Filled with humour and delightfully illustrated, children will love reading these stories with friends, family and in school again and again.



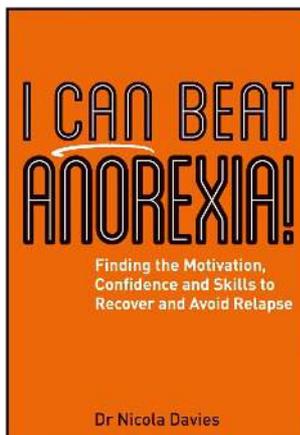
## **GENDER**

Jessica Kingsley Publishing  
ISBN: 9781785922671  
HBK 32 pages  
£10.99  
May 2017

### **Are You a Boy or Are You a Girl?**

**Sarah Savage - Illustrated By Fox Fisher**

This brightly illustrated book will open a dialogue with children aged 3-5 about gender diversity in a fun and creative way. Featuring a gender neutral protagonist, the book imparts an important message about identity and being who you want to be. Tiny's story will assist parents, family and teachers in giving children the space to express themselves fully, explore different identities and have fun at the same time.



## **HEALTH**

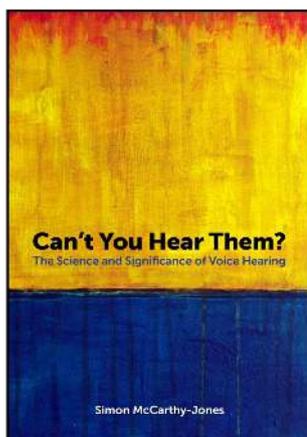
Jessica Kingsley Publishing  
ISBN: 9781785921872  
PBK 176 pages  
£13.99  
May 2017

### **I Can Beat Anorexia!**

*Finding the motivation, confidence and skills to recover and avoid relapse*

**Nicola Davies**

Beating anorexia is much more than a physical process. To overcome the mental and social challenges in recovery, you will need motivation, strength and a positive new mindset. Having recovered from disordered eating herself, health psychologist Nicola Davies has developed an individual-focused plan that will help make recovery seem less overwhelming, and provide you with the skills you need to get better and stay well in the long-term.



## **MENTAL HEALTH**

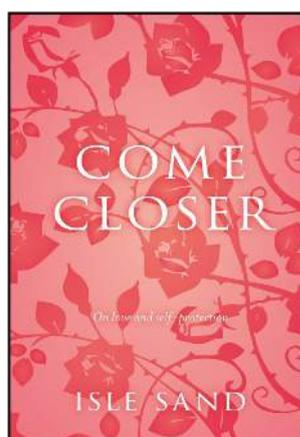
Jessica Kingsley Publishing  
ISBN: 9781785922565  
PBK 352 pages  
£13.99  
April 2017

### **Can't You Hear Them?**

*The science and significance of hearing voices*

**Simon McCarthy-Jones**

'What's wrong with you?' People who hear voices will often hear this alienating question, and are treated ineffectively with anti-psychotic drugs. Recounting the stories of voice hearers, this book suggests that we should instead ask 'What happened to you?,' and offers an alternative approach to auditory hallucinations.



## **SELF HELP**

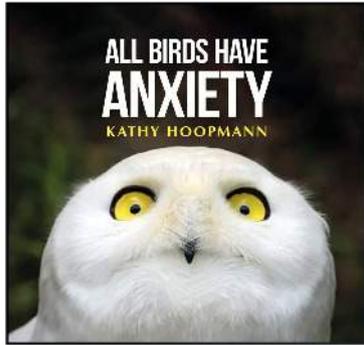
Jessica Kingsley Publishing  
ISBN: 9781785922978  
PBK 128 pages  
£8.99  
May 2017

### **Come Closer**

*On love and self-protection*

**Ilse Sand**

Everyone engages in self-protecting behaviours to some extent, but when these begin to take on the form of bad habits, they can be damaging. People often use self-protection strategies in love and relationships to mitigate potential pain or heartbreak. This book considers the defence mechanisms inadvertently used to avoid closeness with other people, the inner self, and reality and any resulting distress from confrontation with these bodies. Through simple language and anecdotes, the author offers tips on how to break bad habits that hinder close relationships.

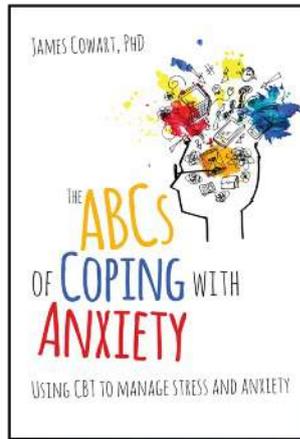


## ANXIETY

Jessica Kingsley Publishing  
ISBN: 9781785921827  
HBK 72 pages  
£9.99  
March 2017

### All Birds Have Anxiety Kathy Hoopmann

*All Birds Have Anxiety* explores the symptoms of anxiety disorder and their impact on day-to-day life through colourful images of life as a bird. Its humorous yet gentle approach recognises the stress that anxiety can cause, helping people to better understand how it feels to have anxiety. Following the style of the best-selling *All Cats Have Asperger Syndrome* and *All Dogs Have ADHD* this simple yet profound book validates the deeper everyday experiences of anxiety, provides an empathic understanding of the many symptoms associated with anxiety, and offers compassionate suggestions for change.

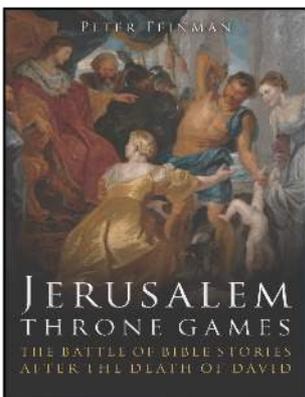


## POPULAR PSYCHOLOGY

Crown House  
ISBN: 9781785831676  
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March 2017

### The ABCs of Coping with Anxiety Using CBT to manage stress and anxiety James Cowart

*The ABCs of Coping with Anxiety* consolidates key principles from CBT and makes them understandable and accessible to anyone who needs them. The book focuses on key coping skills and includes practical exercises at the end of each chapter. James Cowart identified and developed these strategies over 40 years of clinical practice, during which time he revised and improved them repeatedly. He has used these tried-and-tested techniques to help many people cope with their anxiety. Now he shares his insights in this new book, enabling more people to benefit from this approach. It is as simple as ABC.



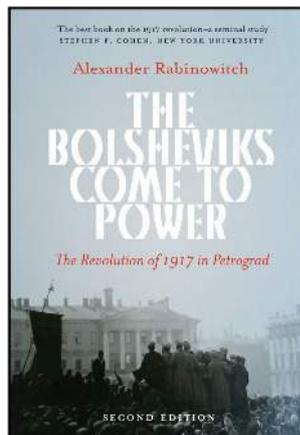
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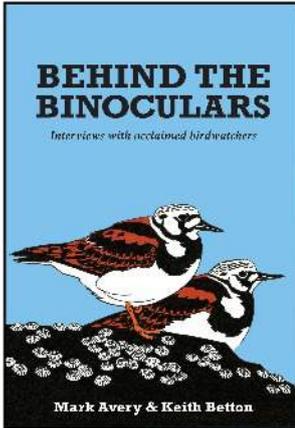


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## **BIRDWATCHING**

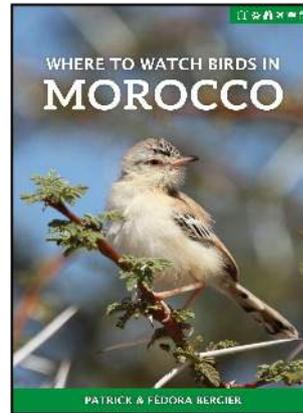
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ISBN: 9781784271459  
PBK 290 pages  
£9.99  
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### **Behind the Binoculars**

*Interviews with acclaimed birdwatchers*

**Mark Avery and Keith Betton**

How and why did our most acclaimed birdwatchers take up birding? What were their early experiences of nature? How have their professional birding careers developed? What motivates them and drives their passion for wildlife? How many birds have they seen? Mark Avery and Keith Betton, passionate birdwatchers and conservationists, interview members of the birdwatching community to answer these and many other questions about the lives of famous birdwatchers. *Behind the Binoculars* includes interviews with: Chris Packham, Phil Hollom, Stuart Winter, Lee Evans, Steve Gantlett, Mark Cocker, Ian Wallace and Andy Clements.



## **BIRDWATCHING**

Pelagic Publishing  
ISBN: 9781784271442  
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**Patrick Bergier and Fédora Bergier**

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